

Contents

Foreword by Terence T. Gorski	vii
1 An Equal Opportunity Destroyer	1
2 The Executive Suite	5
3 Surreptitious Development of Chemical Dependency	13
4 Some Facts about Addiction	19
5 The Negative Self-Image	29
6 Denial and Rationalization	37
7 The Dependency Problem	45
8 Honors and Medals	51
9 The Show Must Go On	57
10 Birds of a Feather	61
11 The Conspiracy of Silence	67
12 One Doctor's Story	71
13 A Dentist's Story	89
14 A Nurse's Story	97
15 The Defense Rests: The Prosecution Never Does (A View from the Penitentiary)	105
16 Another High Bottom Miracle	119

17	The Flying Nun	123
18	When School Is Over	131
19	All That Ice Cream, Free! (A Pharmacist's Story)	137
20	I Threw Three Strikes and I'm Out	141
21	Not Until the Bitter End	149
22	Enabling and Codependence	153
23	A Lawyer's Codependents	163
24	But Jews Don't Drink! (A Rabbi's Story)	169
25	Controlled Social Drinking? (A Priest's Story)	175
26	Beginning Recovery	181
27	Making the Change	187
28	Coming Back	193
29	What About an Intervention?	197
30	Implications for Treatment	201
	Appendix: Professional Groups and Organizations Dealing with Alcoholism and Drug Dependency	207
	Suggestions for Further Reading	215
	Index	217