

Contents

	<i>List of Illustrations</i>	ix
	<i>Acknowledgments</i>	xi
	Prologue: Scientific Discourse and Aging Women	xiv
PART I	JAPAN: MATURITY AND <i>KŌNENKI</i>	1
	1 The Turn of Life—Unstable Meanings	3
	2 Probabilities and <i>Kōnenki</i>	31
	3 Resignation, Resistance, Satisfaction— Narratives of Maturity	46
	4 The Pathology of Modernity	78
	5 Faltering Discipline and the Ailing Family	107
	6 Illusion of Indolence—Ideology and Partial Truths	135
	7 Odd Women Out	171
	8 Controlled Selves and Tempered Bodies	202
	9 Peering Behind the Platitudes—Rituals of Resistance	233
	10 The Doctoring of <i>Kōnenki</i>	256
	“Invisible Messengers”	299
PART II	FROM DODGING TIME TO DEFICIENCY DISEASE	301
	11 The Making of Menopause	303
	12 Against Nature—Menopause as Herald of Decay	330
	“An Act of Freedom”	368
	Epilogue: The Politics of Aging— Flashes of Immortality	370
	<i>Notes</i>	389
	<i>Bibliography</i>	401
	<i>Index</i>	429

Illustrations

FIGURES

1. Japan: <i>Kōnenki</i> Status of Women	39
2. Manitoba: Menopausal Status of Women	41
3. Massachusetts: Menopausal Status of Women	42
4. Education of Japanese Women	81
5. Average Age at First Marriage	133
6. Probability of Reaching Natural Menopause, by Age	400

TABLES

1. Percentage of Women Reporting Symptoms in the Previous Two Weeks	33
2. Rates of Reporting Core Symptoms in Previous Two Weeks, by Study	35
3. Reports of Vasomotor Symptoms, by Menopausal Status	36
4. Cross-Tabulation of <i>Kōnenki</i> or Menopausal Status, by Study	40
5. Reports of Five or More Core Symptoms, by Menopausal Status	43
6. Distribution of Ordinary Households, by Family Type (1955–85)	144
7. Women's Relationship to Other Members of Household	146
8. Reports of Vasomotor Symptoms in Previous Two Weeks, by Occupational Status	168

9. Symptoms of <i>Kōnenki</i> in Previous Two Weeks, by Occupational Status	168
10. Gynecological Surgery, by Study	260
11. Percentage of Women Using Medication in Previous Two Weeks, by Study	261
12. Birth Control in Japan	263