

Contents

Foreword	vii
Preface	ix
1. Management Issues in Health and Development	1
2. Health Problems and Conditions in Female Youth	18
3. Substance Abuse	60
4. Disease Conditions	84
5. Communicable Diseases	116
6. Non-communicable Diseases	130
7. Mental Health Issues and Problems	171
8. Marriage: A Sacrosanct Vow	256
Appendices	316
Bibliography	383
Index	420