TABLE OF CONTENTS

Introduction	1
1. The Puerto Ricans	15
The Hispanic Population of the United States	15
The Puerto Ricans in New York	19
An Emerging Alcohol and Substance Abuse Problem	21
Aims and Scope of Study	22
Data and Methodology	24
Description of the Sample	26
2. Coming to the Mainland and the Acculturation Process	31
From the Island to the Mainland	31
The Acculturation Process	35
Cultural Marginality	38
Acculturation among Puerto Ricans	42
Acculturation as a Factor in Substance Use	43
The Measurement of Acculturation	44
3. Traditional Family Values	57
Tradition and Traditionalism	57
Puerto Rican Family Values	61

Expected Benefits of Self Drinking	125
Rationales	127
Drinking Rationales	127
Rationales for Curtailment of Drinking	128
Situational Drinking Restraints	132
Alcoholism and Drunks	137
The Search for Help	141
6. Impact of Acculturation and Traditionalism	145
Acculturation, Traditionalism, and Outcomes	146
Alcohol Use: Abstention and Level	146
Drinking in Different Settings: Number of Places and Extent	147
Drinking Problems	151
Drug Use	158
A Summary of Acculturation and Traditionalism (A) Correlation	S
with Outcomes	160
Religiosity and Fatalism	161
Comparison of Traditionalism Indices among	
Married Respondents	164
7. A Typology of Integration	167
Creating a Typology of Integration	167
Background Characteristics of Integration Types	1 7 3
The Simultaneous Effects of Acculturation and Traditionalism or	
Outcome Variables	176
8. Ethnotherapy Implications and Conclusions	181
Goals of Ethnotherapy with Hispanics	186
Techniques of Ethnotherapy	187
Contextual Concepts	
References	193
To day.	209